



Italian Snowshoe Weekend 2019



- For those looking for a great weekend adventure, you can't get much more visual overload than two days snow-shoeing in north Italy, overlooking the amazing south face of Mont Blanc.
- This is a two day course that can either be done in its own right as a weekend, or before a course to enhance acclimatisation. It is perfect for those booked on the one week winter climbing or skiing courses.
- Meet at 9am on Saturday morning, for your guide to check your equipment. We typically allow up to an hour for this, before setting off. This allows time for any last minute purchases or hiring any kit as required.
- There is time for getting an early morning flight on the Saturday, and for those just doing the weekend, you leave on Sunday evening, you can be back at work for Monday morning.
- You are led by a very experienced UIMLA International Mountain Leader, who will instruct you in the use of snowshoes, and is there to guide you and look after your safety in terms of the weather and avalanche awareness.
- A key feature of this course, is spending a night in a luxury mountain hut for the night. For those who haven't stayed in a hut before, this is a gourmet mountain hotels with duvets on beds, four course evening meals & a bar!



Course summary and key details



The photos above give you an impression of what the Walter Bonatti mountain 'hut' is really like. It's more of a hotel on the mountainside rather than a hut. It's warm, there are hot showers, a boot drying room, and the views are amazing. There's plenty of room, so you are comfortable, and the food is legendary. The hut guardian Mara and her daughter Sara, run the hut with military efficiency, but always with a warm welcome and endless smiles.



As featured in the Snowshoe Magazine

This trip was featured in an article we wrote for the Snowshoe Magazine, and you can read more here; <http://www.snowshoemag.com/2008/11/03/snowshoe-ing-in-the-italian-val-ferret/>

Previous experience

You are shown how to use the snowshoes and safety equipment, and are guided by an expert in the region, so are in a very knowledgeable and safe pair of hands, who knows the area very well. Don't worry if you've never worn snowshoes before, as you can be taught the key skills quickly.

Client feedback

Brilliant, exciting, fun, perfect! Not bad platitudes for a weekend. The hut was amazing, and I think you undersold it - no mention of the four course meal and the duvets! **Anita T , Italian Snowshoe**

Thank you for a brilliant snowshoe trip. I'm looking at coming back again later this winter for more. **Tim B , Italian Snowshoe**

We had a great weekend, so thanks a lot for organising this for us. **Sally U , Italian Snowshoe**



Course daily itinerary & objectives

Saturday

Arrive for the 9am check-in and course / itinerary briefings. There is time for kit checks or fitting. Then you set off from Chamonix for the half hour transfer to Courmayeur and Planpinceux, where the snowshoe trek starts. For those who have never used snowshoes, don't worry as after only about 10 minutes instruction you will be confident. You set off towards La Vachey and then up through the trees towards the mountain hut. On the way up you will stop for lunch, before you leave the treeline behind and make your way up to the hut. The guide will check you in, show you where the boot room, shower room, drying room, dining room, bar, and most importantly your bed is. Before the evening meal some groups head outside to take some more photos, and perhaps to learn how to use the avalanche safety transceivers. Then it's time for dinner, which is usually four courses of superb food. Afterwards over a drink from the bar, there is usually a film shown about the local area, then it is time for bed in those comfy duvets!

Sunday

In the early morning you emerge for breakfast, and Italian coffee, cake and cereals are enough to coax you out of bed. Then in the first light of the crisp Alpine morning, you put on your snowshoes, and crunch your way over the well frozen snow. The normal route is to ascend behind the hut, through the ruined villages of Malatra, and up the stunning remote valley. At its head is a mountain barrier, but to the right is a well hidden pass, and as you ascend to it you are rewarded with the most amazing views of the sunrise on the south face of Mont Blanc. After savouring the views from the high pass, you loop down and around back to the hut, and after a quick rest you descend back to the valley. Most groups stop for a celebratory beer and a bite to eat when they reach La Vachey. Then it's the final section of the trek and the return drive to Chamonix. You reach here by late afternoon you are free to depart for home. We always aim to be back by 16:00, so for those flying out in the evening, airport transfers can be booked for any time after 16:00. For those using this snowshoe weekend as acclimatisation for a week long course, you will be back in Chamonix in time for your check-in and course briefings for the main course which are scheduled for 17:00.

ITINERARY NOTES: Where possible we follow itineraries. Mountain adventures are weather and conditions dependant, so occasionally we are forced to alter the plans. If this is the case, suitable alternatives are offered. Please use this outline itinerary as a guide to the types of route / activity that you will attempt.



Course dates, prices, & inclusions



249

2 full days UIMLA guiding, 1:6 max ratio
2 days holiday in total, Sunday-Saturday

Inclusions

1) International Mountain Leader for two days, 2) Chamonix course hosts for logistics & briefings, 3) Pre course information booklet, 4) Equipment discount voucher for UK shops, 5) Free 36 page technical Course Instruction Booklet, 6) Logistics support and full time in-resort hosts, 7) Transport from Chamonix to Italy and back, 8) One night half board stay in a mountain hut for you and your guide.

Exclusions

1) Travel to and from Chamonix, 2) Extra equipment hire other than that which is included* in the course price, 3) Activities insurance, & excess baggage charges.

Group sizes: 2 - 6 people per UIMLA mountain guide. For group sizes of over 6 people, there are multiple guides, and the teams travel independently.

Notes: The loan of all technical equipment for each client is included in the course price as required: snowshoes, avalanche transceiver, avalanche probe and shovel.

Dates

- 9 - 10 Feb 2019
- 9 - 10 Mar 2019
- 6 - 7 Apr 2019



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Windermere mountain store (UK)

A key part of choosing a company is being able to come and talk about your plans with an experienced course advisor face to face. In an increasingly virtual world, we know our clients value speaking to real people, getting open and honest advice. The vast majority of our clients are British, and our office and outdoor store is based in Windermere in the English Lake District.

Get in contact to arrange a meeting, and come in for a coffee to discuss your course in person with a trip advisor. We are keen to ensure that you are as prepared as possible, and that you select a course that is suitable for you. It makes it easier and more enjoyable for you and us, if you are on the right trip. As well as talking through your course, most clients have queries about the kit they will require, so as to avoid expensive mistakes, and we can show you some examples of kit to consider. Others have training queries, about how to best prepare for your trip, and we will be able to steer you in the right direction. No question is too silly, and we'll have heard them all before, so don't worry!

By now you'll have got the idea that an integral part of booking is the ability to get good, knowledgeable, advice, and a highly personal service. Some people do just book online, but we are there every step of the way to walk you from the initial enquiry, right through to your course. Unlike some companies that only exist virtually in cyberspace, we are staffed by real people, in a real office, who offer real honest advice. Because we are tangible, we are accountable, and we take great pride in that and the high standards of service that we offer you.



Why travel with Icicle in the Alps

- **Our Mission...** To have the best safety and peak summiting records of any mountain and ski guiding company in the whole world.
- **Our Aim...** To exceed the expectations of each client, to realise their ambitions, and to provide the best quality experiences possible.
- **Our Environment...** We aim to minimise our environmental impact, and to preserve, improve & promote the responsible use of the mountains.
- **Our Ethos...** We know every single client has individual needs, strengths, aims, weaknesses, ambitions, and goals. We care about each one.
- **Your Money...** We have taken every step to protect you on the mountain, and in your pocket. Funds paid to us are held in trust until you return home.



How to book a course with Icicle

On the front page of the Icicle website there is a course 'Live Availability' button which links to a page that is updated with each booking to show the number of spaces available on each advertised date of each course. The number shown in brackets on this page is the number of places still available on the date.

To book a trip you complete the secure online booking form on the website, which is protected by SSL encryption, so you can input card details and pay safely over the internet. You can list up to four people on one booking form, but if members of a group live at different addresses, or wish to pay the balance separately, it is worth completing a form separately so that you each receive the confirmation email, and the information and payment reminder emails. When you submit the form you will receive automatic confirmation with a receipt, course specific kit list, and a course information booklet with useful information.



Icicle background and key features

- Established in 2000, Icicle is a UK company, and although our trips are for English speakers, our client base is worldwide. Icicle has firmly established itself as one of the leading mountain guiding operators in the UK.
- We are proud to still be a small specialist company who have a very personal approach. It allows us to really support each of our clients. The attention to detail, local Alpine support team, and work ethic sets us apart.
- All of our Alpine courses are all led by professional guides (IFMGA / UIMLA), as our priority is your safety and quality guiding. We focus on instructional courses, and our local knowledge is second to none. Our contacts and staff always aim to 'make it happen' for you.
- We keep all our overheads low, such as our office being paid for by it also being a retail shop. We also don't spend lots of (your) money shouting about how good we are, and haven't got the flashiest website or glossiest brochure. We offer you great value without sacrificing standards.
- What differentiates us is that we have a highly personalised, flexible and friendly, approach to our courses. This flexibility is essential to maximise your achievements. We aim to offer you great and innovative trips that we would dream of going on ourselves.



Your complete financial protection

We have a moral as well as a legal obligation to protect your money, data and online security when you book onto an Icicle course. We want you to be totally confident that we are a bona fide company whose financial conduct has been assessed, and who follow a strict code of practice to protect your money. Your booking is protected by our bonding with the Travel Trust Association U3307. This bonding fully complies with the 1992 Package Travel Regulations, and guidelines proposed by the Department of Trade and Industry to protect clients on package holidays. All monies that you pay to Icicle are held in trust until after your course has ended. This protects you in the highly unlikely event of our insolvency, and all monies paid by you are insured. We are also registered with the ICO for Data Protection. Our online payments system is with RBS, who have verified the security of our system with their independent tests.



Course mountain activity insurance

It is a condition of booking onto any of our trips, that all clients have sufficient activities insurance. This is to protect you in case of any requirement for medical or hospital treatment, mountain search and rescue, and in case you have to cancel your course due to injury or personal circumstances. Your documentary proof of cover is checked at the start of the week before you start any of the guiding. It must be written in English, and specify that it covers you for all of the activities you plan to undertake (see your detailed itinerary on the website). If you are a UK resident, we recommend arranging insurance through Snowcard or the BMC. If you are not a UK resident we recommend arranging insurance through the Austrian Alpine Club (although this does not cover you for cancellation or curtailment so you should get extra cover for this).



Arranging travel to Alpine courses

All of the Alpine trips are offered on a 'Land Only' basis meaning that you need to arrange separate travel to the start of the trip. Although Icicle does hold an ATOL licence and so can arrange flights on behalf of clients, most people find that it is easier to arrange flights through discount airlines. For a range of flight options (including budget) we recommend: www.skyscanner.net. There is also a Eurostar service from London to Geneva (see: www.eurostar.com). For courses that meet in Chamonix, airport transfers can be booked from Geneva airport to Chamonix to match your flights for c. 30 euros per person each way.





Icycle guides & their qualifications

We are a small company, and our team is everything to us. The guides have responsibility for all decisions taken on the mountain and to ensure your safety. Whilst we are fortunate to have an excellent mountain team, we also have a superb office team who arrange the logistics that make the trips run smoothly.

The IFMGA Mountain Guide qualification is the highest qualification that is recognised for leading groups, and the only people who lead any of our skiing or climbing courses in the Alps. IFMGA stands for the International Federation of Mountain Guide Associations. All of our IFMGA Guides hold the International Mountain Guide carnet, and have been selected for their leadership style, personality, and sense of humour, not to mention the fact that they aren't too bad at climbing and skiing either!

All of the Alpine trekking and snow-shoeing courses are run by UIMLA mid mountain guides. These two qualifications are your guarantee of the highest standards and professionalism, and the holders of these qualifications wear their badges with pride. Rest assured that you are being led in the mountains by the best. Our itineraries are planned with guide to client ratios within the safety guidelines outlined by the IFMGA and UIMLA. Each course itinerary states these daily guiding ratios.

We strongly believe that a badge or qualification does not make a good leader, which is why we carefully hand pick our guiding team. However you have our guarantee that all our courses are led by verified highly qualified professionals, as this is a legal requirement in the Alps. Note that for trips outside the Alps, the IFMGA or UIMLA qualification is not a legal requirement, and local guides are used. This is normal practice on peaks including Kilimanjaro, Elbrus, the Atlas and the Himalayas. In the UK no qualifications are legally required, but we follow best practice and all leaders on our UK trips are suitably qualified.



Accommodation: valley/mountain

When on an Icycle course the details of where you will stay will be included in your detailed itinerary. For Chamonix based Alpine courses you are usually based in the valley in one of three types of accommodation; a self-catering studio flat, a chalet or a hotel. Accommodation is on a bed & continental breakfast basis, and all bedding (linen and towels) and any tourist taxes are included. There is a choice of B&B (always included) or half board (upgrade) in the valley, and the accommodation is usually two or three people sharing. In some trekking courses a packed lunch is also included and this will be a sandwich with two cereal / snack bars per person (see itinerary for inclusions).

In mountain huts you always stay on a half board basis, where there is a hut guardian who cooks the evening meal so you do not need crockery, pans or cutlery, with the exception of some hut winter rooms (see itinerary for details). Blankets are provided in mountain huts so you should take a sleeping bag liner for hygiene (silk or cotton), but you do not normally need a sleeping bag / mat.



Course client equipment discount



Once you have booked, you will be sent a catalogue of all the preferential rate equipment and clothing that you can buy in our Windermere shop. We offer 15% OFF equipment and clothing. There is also a selection of books and maps. Orders over £30 are posted free to any UK address. Our shop also stocks a wide range of rental kit for use in the UK or on any of our Alpine courses.

View full details at; <http://www.icicle-mountaineering.ltd.uk/icicleshop.htm>. If you have any queries, please e-mail info@icicle.co.uk or telephone 01539 44 22 17.